United States Naval Sea Cadet Corps

VADM James H. Flatley Jr. Division
Naval Operational Support Center
Green Bay, WI

APRIL DRILL – Advance notice

BASIC SWIM / SCUBA – SATURDAY, APRIL 4, 2009

Important: CADET/PARENT READ CAREFULLY AND FOLLOW DIRECTIONS

THIS EVENT WILL COVER BASIC USNSCC SWIM QUALIFICATION AND A SCUBA DIVING OPPORTUNITY. The USNSCC swim qualifications will cover NAVY/cadet corps guidelines. The scuba diving is **optional** and cadets **do not** have to take advantage of this opportunity if they don't want too.

The basic swim does not have a charge and will be USNSCC "SWIM QUAL #3". The swim qual #3 is what is required for boot camp and advanced trainings. If a cadet can swim they should not have a problem meeting the qualification. The basic swim qual will take place from 11-12:00/12:30 am on Saturday. See page #2 for swim qualification requirements.

The scuba diving opportunity will take place from 12:00-12:30 to 2:45 pm on Saturday. (Actual scuba start time will depend when BASIC swim ends) This is an extra event to allow cadets who wish to experience scuba and it does not have a link to the USNSCC. The scuba experience will follow the basic swim starting at approximately 12:00/12:30 and end around 2:45-3:00.

The scuba experience ***does have a charge*** which is for rental of SCUBA equipment charged by the company sponsoring the diving experience. A cadet will pay the rental fee if they wish to take part in that experience. The company provides everything but the bathing suit. Cost is: $25.00 per cadet.

Cadets attending boot camp summer 2009 it is mandatory that you attend this swim qualification event to practice and experience what will take place at boot camp swim quals. This is the only time we can provide this opportunity.

The division is paying for the rental of the pool and lifeguards. Each person scuba diving must pay the rental fee to use scuba equipment.

NAVY SWIM QUALIFICATIONS

It goes without saying if you plan to join the Navy/Military you should be able to pass the 3rd class swim quals!

SWIM QUALIFICATIONS ARE AS FOLLOWS: THESE ARE PER NAVY STANDARDS

SWIM SKILLS ASSEMENT:

SHALLOW WATER SWIM – SWIM 15 YARDS IN CHEST DEEP WATER
DEEP WATER SWIM – SWIM 15 YARDS IN WATER OVER CADETS HEAD
TREAD WATER FOR 1 MINUTE
PRONE FLOAT FOR 1 MINUTE

THIRD CLASS SWIMMER:

SUCCESSFUL COMPLETION OF SWIM SKILLS ASSEMENT (LISTED ABOVE) AND:
DEEP WATER JUMP FROM A MINIMUM OF 5 FEET
50 YARD SWIM DEMONSTRATING – FRONT CRAWL, BREASTSTROKE, BACKSTROKE, ELEMENTARY BACKSTROKE
5 MINUTE PRONE FLOAT
SHIRT AND TROUSER INFLATION

All cadets who have attended boot camp have met this requirement at boot camp.

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The division is providing forms from the scuba company on Sunday March 5, 2009 which must be filled out if the cadet is taking advantage of the SCUBA opportunity at April drill. BELOW IS A STATEMENT THAT GOES WITH THE FORMS FROM THE COMPANY.

The division will provide the discover Scuba Diving registration forms at drill on March 5.
Please have all of the cadets fill one of these out, including all pages.
Everybody under 18 years of age must have their parent's signature.
On the medical page, if anybody has a "yes" answer, they will need to have a doctor approve them to dive. We have a form for this should anybody need one.
On the bottom of the "Discover Scuba Diving Registration Form" DO NOT put any information in the "Dive Verification line, or below it. This if for the instructors use.

Completed scuba forms must be brought to drill on Saturday, April 4 completely **filled out and signed by the parent** and with necessary fee. IF THESE FORMS AND FEE ARE NOT BROUGHT TO DRILL = THE CADET WILL NOT TAKE PART IN THE SCUBA PART OF THE Saturday SWIM. Also if forms are not filled out properly the company will NOT ALLOW your cadet to take part in the SCUBA experience. CADETS NOT HAVING PROPER

FORMS FILLED OUT and signed by the parent – WILL STILL ATTEND TO TAKE PART IN THE BASIC SWIM AND THEY MAY WATCH THE SCUBA EXPERIENCE.

(Note: there is not a make date up for the swim qualifications part of this event be in attendance)
THIS IS ADVANCE NOTICE SO YOU MAY PREPARE and plan ACCORDINGLY

NAVY LEAGUE CADETS may take part. The company has lighter weight scuba equipment for cadets ages 10-11

Cost of scuba rental equipment is $25.00 **per** cadet taking part.
Make checks out to: GREEN BAY SCUBA

MISCELLANOUS ITEMS

IF YOUR CADET has problems swimming PLEASE NOTIFY INST. CROY AT ONCE!

THE SWIMMING AND SCUBA EXPERIENCE WILL TAKE PLACE AT:
GREENBAY SOUTHWEST HIGH SCHOOL POOL-LOCATED AT 1331 PACKERLAND DRIVE, GREEN BAY, WI.
WE SHOULD BE THE ONLY GROUP IN THE POOL FOR BASIC SWIM AND SCUBA.

CADETS WILL BE TRANSPORTED FROM NOSC TO SWIM SITE BY USNSCC STAFF. WE MAY NEED SOME PARENTS TO ASSIST WITH TRANSPORTATION let INST CROY know if you will help transport.

DISMISSAL TIME (3:30 pm) : WE MAY ALLOW PARENTS to PICK UP AT THE HIGHSCHOOL – WE WILL LET YOU KNOW IF THAT IS POSSIBLE. THIS OF COURSE WILL SAVE TIME AND ALLOW MORE IN POOL TIME.

Cadets: bring conservative bathing suit and towel to this drill NO Speedos' for swimmers.

We will provide the Green Bay Scuba Company forms for taking part in this April event on Sunday, March 5 at drill. Keep this email to help you prepare forms and for general info on this great event.

If you have questions email INST Croy at once, do not delay-thanks.
gcmdp@athenet.net **3/5/09**