

United States Naval Sea Cadet Corps



VADM James H. Flatley Jr. Division Manual

*By Chief Petty Officer Ryan Patrick McNichols
United States Naval Sea Cadet Corps
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Oath of Naval Sea Cadets

“I promise to serve God, honor our Flag, abide by the Naval Sea Cadet Corps regulations and carry out the orders of the officers appointed over me, and so conduct myself as to be a credit to myself, my unit, the Naval Sea Cadet Corps, the Navy, and my country.”



History of Our Unit

The VADM James H. Flatley Jr. Division was commissioned on 27 October 2001.

CO's:

Erik Mims
Gary Frost

Command Chief:

Ryan McNichols

LPO's:

Chelsea Bishop
Justen Ragen
Jeff Gross
Adam Heynen
Sam Piper
Ryan McNichols
Katie Worzalla

MAA's:

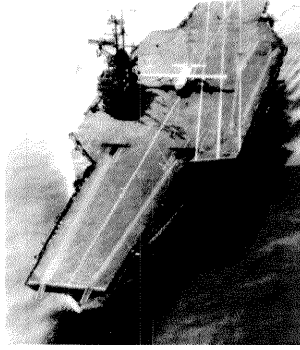
Adam Heynen
Justin Ragen
Shane Hecker
Richard Rose

History of VADM Flatley

VADM Flatley retired from the Navy in 1987.

In October of 1963, he was the first man ever to land a C-130 on an aircraft carrier, the USS Forrestal (CVA-59).

To this day, he still holds the record for landing the largest aircraft on a carrier.



Activities

Training

- Flagship
- Color Guard
- Basic Training
 - Marching/close order drill
 - Watch standing
 - Customs and courtesies
 - The uniform
 - Inspections
- Physical Training
- Ship and Aircraft Recognition
- Swimming Qualifications
- Boating Safety
- Land Navigation/SAR
- Marksmanship
- Sailing School
- Basic Medical
- GMT

- Sexual harassment
- Fraternization
- Core values
- Hygiene

Recreation

- Cookouts
- Rock Climbing
- SCUBA
- Rafting
- Skiing Trip
- USS Cobia

Community Functions

- Parades
- Security
- Color Guards
- Lighthouse Walk
- Tall Ships

Down Time

At time during drill periods, the unit will experience down time.

Things that can be done:

- Work on correspondence courses.
- Group discussions.
 - o Trainings
 - o Experiences
- Close Order Drill
- Movie
- DO SOMETHING CONSTRUCTIVE
 - o *i.e. We don't need to discuss the Italian Army.*

Leaders do not act as if there is nothing to do and there is no plan.

Reporting Problems

Problems with cadets – go through the chain of command.

Problems with officers – go directly to the officer.

If problems are emergencies, always go directly to an officer.

If problems are not emergencies, go through the chain of command.

Emergencies are life-threatening situations and/or legal issues.

Disciplinary Problem Solving

In the case of disciplinary problems, a cadet may be counseled by his or her superiors. If behavior problems continue, EMI may be assigned by the CPO if the LPO reports a disciplinary problem of a cadet. If problems reoccur, officers may be notified and it may be sent up through the chain of command. In some cases, if the CO needs to be involved, disenrollment from the program may be called for. This situation is sometimes call Captain's Mast.

Chits

Chits are official documents used in obtaining awards, uniform items, and advancement exams. They are to be filled out and turned in to the LPO. Chits may be requested at anytime.

Receiving Awards

- 1) Upon being called to receive an award while standing in formation, step back and smartly march to the awarder.
- 2) Salute
- 3) Shake with the right hand; accept the award with the left hand.
- 4) Salute
- 5) Smartly march back to formation.

Be prepared for small talk by the awarder and for a possible picture.

Correspondence Courses

Correspondence Courses are required for advancement. They are all together on CD's; the CD's are given to cadets as they join the unit. Only one copy is given to each cadet. **DO NOT LOSE THE COPY!**

Answer sheets are included with the CD. These must be printed off and filled in. Upon completion, they may be turned in to the LPO. **MAKE COPIES OF ALL COMPLETED ANSWER SHEETS!**

Do not lend answers to other cadets, or promotion may be withheld and other severe consequences will follow.

Correspondence Courses are due every six months in order for advancement.

It is recommended that all PO3 and above courses be turned in early in order for timely advancement.

Quarterdeck Procedure

Coming Aboard

E6 and Below:

- 1) Enter the quarterdeck from outside.
- 2) Stop before the watch and smartly salute the Ensign.
- 3) Do a clean facing movement and salute the Quarterdeck Watch while saying, "Request permission to come aboard?"
- 4) He will then say, "Permission granted."
- 5) Go aboard; do not loiter on the quarterdeck.

E7 and Above:

- 1) Enter the quarterdeck from outside
- 2) Stop before the watch and smartly salute the Ensign.
- 3) Do a clean facing movement and salute the Quarterdeck Watch while saying, "I am reporting my return."
- 4) He will then say, "Aye aye, (rank)."
- 5) Go aboard.

Going Ashore

E6 and Below:

- Do the same as above, except salute the watch before saluting the ensign and say, "Request permission to go ashore?"

E7 and Above:

- Do the same as above, except salute the watch before saluting the ensign and say, "I have permission to go ashore."

Physical Training

All Sea Cadets must maintain a certain state of physical readiness at all times. In order to go to summer trainings or be a part of a unit, cadets must prove they are capable of passing certain fitness standards. The Sea Cadet standards are made according to the Presidential Physical Fitness Program.

Practice PT before the test is administered. Cadets shall have ample time to prepare for the PT test. Cadets shall not run or PT in cold weather. The run should be administered last. PT should not be done directly after lunch.

PT on non-testing drill periods can be done by playing games (i.e. volleyball, basketball).

The unit's PT coordinator is in charge of planning and monitoring all physical training evolution's that take place by the unit. The PT coordinator also administers the PT test.

Health

While standing at attention, do NOT lock the knees; instead, they should be slightly bent, but not enough to be noticed.

Drink water throughout the day, and especially before ceremonies. NO SODA before ceremonies.

Eat well the day of and before a given drill period. Eating candy and drinking soda during drills when working and or learning can cause sickness or discomfort.

Get sleep before and after drill.

Shower and wash uniforms regularly.

Bring deodorant to drill.

Use foot powder in the soles of boots as they are moist and can cause foot fungus.

